

Information

Defibrillator awareness

The UK Resuscitation Council guidelines indicate that defibrillators (AEDs) should be able to be used by members of the public with or without formal training. This is because the equipment is very easy to be used, and when you have called 999, the ambulance service operator will stay on the telephone to assist you. The modern defibrillator equipment is also designed to talk to you and tell you what to do. You cannot make a mistake when using an AED – just follow the instructions being given.

We work with the ambulance service to provide community awareness sessions, or can offer an inclusive full training programme if required. Annual retraining may be required on formally trained people.

The BelvoirCare defibrillator awareness programme has been recognised as being ideal to create awareness of the issues surrounding treating a patient having a Sudden Cardiac Arrest. It is not a formal training course, but designed to answer questions, give basic instruction, and, importantly, create confidence.

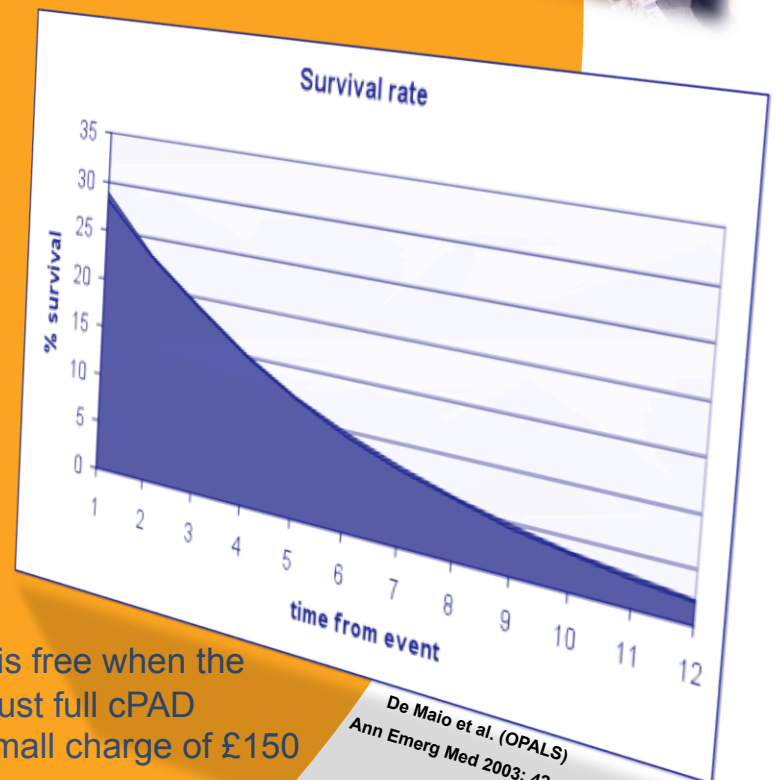
The 2 hour session covers:

- *What is Sudden Cardiac Arrest :-*
 - *'5 minutes to save a life'*
 - *'Physiology of the heart'*
- *How to recognise an SCA*
- *How to dial 999 :-*
 - *what to expect*
 - *questions you will be asked*
- *How to do CPR and why*
- *How to use your AED*
- *Recovery position/turning a patient*
- *Handover to the Paramedics*
- *Post event stress and relaxation*

The first awareness session for a community is free when the community uses the Community Heartbeat Trust full cPAD programme. Additional sessions will incur a small charge of £150 for up to 25 people per session.

For more information on BelvoirCare, or to have a chat about how we can help you, please contact us.

The Healthcare Equipment Buying Group and BelvoirCare are trading divisions of Infozyme Limited, Stathern, Leicestershire, UK



De Maio et al. (OPALS)
Ann Emerg Med 2003; 42: 242

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