

Information



First Aid courses

EFAW and FAW are HSE certified courses and are valid for 3 years. All course include assessments, course materials and certificates. Annual refreshers are recommended. Courses run and co-ordinated by BelvoirCare.

Course	Details	Once off price from
<p>Emergency First Aid at Work (HSE 6 hours)</p> <p>(plus intro to defibrillators optional add on)</p> <p>Includes course documentation</p> <p>Can be carried out on a single day, or split to 2 x 3hr sessions or 3 x 2hr sessions</p>	<p>The emergency first aid course should last at least 6 contact hours. On completion of training, successful candidates should be able to:</p> <ul style="list-style-type: none"> •understand the role of the first aider including reference to the use of available equipment and the need for recording incidents and actions; •understand the importance of basic hygiene in first aid procedures; •assess the situation and circumstances in order to act safely, promptly and effectively in an emergency; •demonstrate how to administer first aid safely, promptly and effectively to a casualty who is unconscious and/or in seizure; •demonstrate how to administer cardiopulmonary resuscitation promptly and effectively; •demonstrate how to administer first aid safely, promptly and effectively to a casualty who is wounded or bleeding and/or in shock; •administer first aid safely, promptly and effectively to a casualty who is choking; •provide appropriate first aid for minor injuries. <p>•(AED intro)</p>	<p>£80 per person (min 4)</p> <p>Or</p> <p>£500 for group of up to 12</p>
<p>First Aid at Work (HSE 3 day plus assessment day)</p> <p>Includes course documentation</p>	<ul style="list-style-type: none"> •First Aid at Work Regulations and Rules •Assessment, Unconscious Breathing and Recovery Position Cardiac Problems, The Heart, Sudden Cardiac Arrest, Heart Attacks and CPR, One Rescuer CPR, Chest Only Compressions, CPR Handover to a Second Rescuer, Primary Care •First Aid Problems, Adult Choking, Conscious and Unconscious •Serious Bleeding Management and Wounds, Shock, Spinal Injury Management, Specific Injury Management Injury, Breaks and Fractures, Types of Wounds and Practice Bandaging different Injuries, Embedded Objects, Burns and Scalds, Head Injuries, Poisoning, Temperature Injuries, Eye Injuries, Bites and Stings, Crush Injuries and Chest Injuries, Electrical Injuries Illness Management, Illness Assessment •The Respiratory System and Hypoxia, Diabetes, Anaphylactic Shock, Heart Attack, Angina, Stroke, Asthma and Respiratory Problems, Hyperventilating 	<p>£200 per person (min 4)</p> <p>Or</p> <p>£1500 for a group of up to 12</p>
<p>Defibrillator awareness (2 hour – max 25)</p> <p>Or</p> <p>AED/CPR course (4 hour – max 12)</p>	<p>Physiology of the heart</p> <p>Understanding and recognising Sudden Cardiac Arrest</p> <p>Using a defibrillator</p> <p>Undertaking Chest Compressions</p> <p>Recovery position</p> <p>Calling 999</p> <p>Handover to the paramedics</p> <p>Adapted for your local needs (eg if a community defibrillator is available, understanding how this can be activated)</p>	<p>£150 per course (2 hour)</p> <p>£250 per course (4 hour)</p>
	<p>Defibrillator awareness for upto 25 people inc free Defibrillator</p>	<p>£1250</p>

Petrol expenses charged if over 50 miles from base. Specifications subject to change. Please contact us for more information or details of other courses. All prices +VAT

For more information on BelvoirCare, or to have a chat about how we can help you, please contact us.

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www.belvoircare.com

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